



**ROCKLAND COMMUNITY CENTER INVITES YOU TO...**

## **2016 Youth Basketball Invitational**

**WHO:** GIRLS AND BOYS GRADES 5<sup>th</sup> AND 6<sup>th</sup>

**DATES:** GIRLS = MARCH 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>. (REGISTRATION DEADLINE WILL BE MARCH 2<sup>nd</sup>)  
BOYS = MARCH 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>. (REGISTRATION DEADLINE WILL BE MARCH 9<sup>th</sup>)  
THE FIRST 8 TEAMS IN EACH DIVISION TO PAY ARE GUARANTEED A SPOT.

**WHERE:** ROCKLAND COMMUNITY CENTER

61 LIMEROCK STREET  
ROCKLAND, ME 04841  
(207) 594-0321

**FEES:** \$175 PER TEAM

**AWARDS:** CHAMPIONSHIP TEAM TROPHY AND INDIVIDUAL AWARDS, RUNNERS-UP TEAM TROPHY.

### **TOURNAMENT GUIDELINES:**

- 1) ALL TEAMS SHOULD ARRIVE 30 MINUTES PRIOR TO GAME TIME.
- 2) TOURNAMENT IS DOUBLE ELIMINATION (A ROUND ROBIN MAY BE USED IF THE TOURNAMENT DOES NOT FILL).
- 3) TOURNAMENT IS OPEN TO 6<sup>th</sup> GRADERS AND UNDER, AND IS OPEN TO YMCA'S, RECREATION DEPARTMENTS OR SIMILARLY ORGANIZED GROUPS.
- 4) TEAM ROSTERS ARE LIMITED TO 15 PLAYERS MAXIMUM.
- 5) TEAM SHIRTS MUST BE THE SAME COLOR WITH NUMBERS ON THE BACK SIDE OF THE SHIRT.
- 6) ADMISSION IS \$4 PER DAY FOR ADULTS AND \$2 FOR STUDENTS. (CONCESSIONS WILL BE AVAILABLE IN OUR GAMEROOM)
- 7) CONDUCT IS VERY IMPORTANT HERE AT THE ROCKLAND YMCA. WE WILL EXPECT GOOD BEHAVIOR FROM THE PLAYERS, COACHES, AND FANS. INAPPROPRIATE BEHAVIOR MAY RESULT IN FORFEITURE AND EXPULSION FOR THE TOURNAMENT.

### **TOURNAMENT GAME RULES:**

- 1) A REGULATION WOMEN'S SIZE BASKETBALL (28.5) WILL BE USED FOR BOTH DIVISIONS (GIRLS AND BOYS).
- 2) GAMES WILL CONSIST OF 4 SIX MINUTE QUARTERS (STOPPED TIME), 1 MINUTE BETWEEN QUARTERS AND 5 MINUTE HALF TIME.
- 3) OVERTIME WILL BE 3 MINUTES.
- 4) IF A TEAM IS AHEAD BY 20 POINTS OR MORE, THEY WILL NOT BE ALLOWED TO PRESS IN THE BACKCOURT.
- 5) EACH TEAM WILL RECEIVE TWO TIME OUTS PER HALF AND ONE PER OVERTIME, THEY WILL NOT CARRY OVER.
- 6) THE COACH OF EACH TEAM IS RESPONSIBLE FOR THE PROPER CONDUCT OF HIS/HER PLAYERS, OTHER COACHES, AND FANS ASSOCIATED WITH THE TEAM. IMPROPER BEHAVIOR COULD RESULT IN A FORFEIT FROM THE TOURNAMENT.
- 7) ALL PROTEST WILL BE HANDLED BY THE YMCA STAFF, THE DECISION RENDERED WILL BE FINAL. IF NOT NOTED OTHERWISE ABOVE, HIGH SCHOOL RULES WILL BE IN EFFECT:

**IF YOU HAVE ANY FURTHER QUESTIONS PLEASE CONTACT:**

**Bennie Blake**

**SPORTS & CAMPING DIRECTOR**

**ROCKLAND HARBOR YMCA**

**61 LIMEROCK STREET, ROCKLAND, MAINE 04841**

**(P) 207-594-0321 (F) 207-236-8458**

**(E) [bblake@penbayymca.org](mailto:bblake@penbayymca.org)**

**(W) [www.penbayymca.org](http://www.penbayymca.org)**



# Rockland Community Center

## 2016 Youth Basketball Invitational

PLEASE CIRCLE ONE: GIRLS ~ March 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>. (Registration Deadline will be March 2<sup>nd</sup>)

BOYS ~ March 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>. (Registration Deadline will be March 9<sup>th</sup>)

*Please understand that the tournament may fill before these dates and is on a first come first serve basis.*

Organization represented \_\_\_\_\_

Head Coach \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Assistant Coaches \_\_\_\_\_

Team Name \_\_\_\_\_ Uniform Color \_\_\_\_\_

*(Please fill out clearly and accurately as this is the information that will go in to the tournament program)*

	NAME	GRADE	UNIFORM #
1)			
2)			
3)			
4)			
5)			
6)			
7)			
8)			
9)			
10)			
11)			
12)			
13)			
14)			
15)			

**PLEASE RETURN COMPLETED FORM AND PAYMENT TO:**

**Rockland Community Center**

**C/O Benjie Blake | 61 Limerock Street | Rockland, ME 04841**



## Rockland Community Center 2016 LUNCH TIME FESTIVITIES

Be sure to stick around during our Saturday Lunch Break and compete in the LUNCH time Festivities. This is a series of competitions that give all the children on your team a chance to compete for an individual trophy. And while the children are not competing they can grab a bite to eat at our concession stand.

The 4 different events include a three point shooting contest, a passing skills competition, a 3 man hot shot competition, and a foul shooting competition. Since this is designed to get all children involved... **EACH PLAYER IS LIMITED TO PARTICIPATING IN ONE EVENT ONLY.**

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### **3 Point Contest**

Each shooter will have 45 seconds to shoot 12 balls (4 balls from 3 different location) and don't forget the all important **MONEY BALL** (the last ball from each rack) worth 2 points. The three point shooting contest is an individual event. Up to 3 people from each team may compete.

### **PASSING SKILLS COMPETITION**

The passing skills competition contest has a target you must pass balls into. Run much like the 3 point contest, competitors will have 45 seconds and 12 balls (4 balls from 3 different locations) and yes the money ball comes into play again. Both chest and bounce passes will be required.

The passing skill competition is an individual event. Up to 3 people from each team may compete.

### **3 PERSON HOT SHOT**

The 3 man Hot shot competition brings shooting, strategy, and team work in to play. This competition will have 3 locations where the competitors must shoot from. The players must shoot in order (player 1, then player 2, and finally player 3, then back to player 1, etc. . .) The team must shoot from each of the three areas at least one time. Each team will have 1 minute to tally the most points possible. Each team will be able to submit one 3 person team. The three locations will be a lay-up (worth 1pt), the foul shot area (worth 2pts), and any 3pt shot (worth 3pts). The 3 person hot shot is a team event. one team of 3 people from each team may compete.

### **FOUL SHOOTING COMPETITION**

And last but not least is the foul shooting competition. This is a classic foul shooting event in that each player will shoot 10 foul shots. The player who makes the most wins. In the case of a tie the competitors will shoot 5 more until a champion is decided.

The foul shooting competition is an individual event. Up to 5 people from each team may compete.



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**2016 Youth Basketball Invitational**

**LUNCHTIME FESTIVITIES**

**(EACH PLAYER MAY ONLY PARTICIPATE IN ONE EVENT!)**

Please PRINT PLAYER'S FULL NAMES AND UNIFORM #'s CLEARLY.

TEAM \_\_\_\_\_ COACH \_\_\_\_\_

**"3" MAN HOT SHOT TEAM (LIMITED TO ONE 3 PERSON TEAM)**

- |          |       |
|----------|-------|
| 1) _____ | _____ |
| 2) _____ | _____ |
| 3) _____ | _____ |

**PASSING SKILLS COMPETITION (LIMITED TO 3 PEOPLE)**

- |          |       |
|----------|-------|
| 1) _____ | _____ |
| 2) _____ | _____ |
| 3) _____ | _____ |

**3-POINT CONTEST (LIMITED TO 3 PEOPLE)**

- |          |       |
|----------|-------|
| 1) _____ | _____ |
| 2) _____ | _____ |
| 3) _____ | _____ |

**FOUL SHOOTING CONTEST (LIMITED TO PLAYERS NOT PARTICIPATING IN THE OTHER EVENTS)**

- |          |       |
|----------|-------|
| 1) _____ | _____ |
| 2) _____ | _____ |
| 3) _____ | _____ |
| 4) _____ | _____ |
| 5) _____ | _____ |
| 6) _____ | _____ |

**PLEASE FILL THIS FORM OUT AND SEND IT WITH YOUR REGISTRATION FORM!**